



EAMHID 2023: Second Announcement

14th European Congress of Mental Health in Intellectual Disability
Helsinki, Finland, 21 – 23 September 2023 | **Best Practices – Better Life**

Venue

Clarion Hotel Helsinki is located in the city center (Tynnenmerenkatu 2, Helsinki).

Part of the programme is streamed.

Register Now!

Online registration is now open at eamhid2023.eu/register
Early Bird Fee up to 14.4.2023.

Submit Your Abstract!

EAMHID 2023 welcomes submissions from research and practice related to intellectual disability and mental health, both from academic researchers, the professional community and participatory projects from people with intellectual disabilities either alone or co-produced. Deadline for abstracts submission is 17.3.2023. Submit your abstract at eamhid.eu/abstract-submission



Social Programme

- Thursday 21.9.2023: Speakers dinner (by invitation) will take place at Clarion hotel.
- Friday 22.9.2023: Congress dinner will take place at Original Sokos Hotel Presidentti.
- Music and break program by Resonaarigroup.
(Music Centre Resonaari has a music school for people with special needs.)
- Music by Lyhty ry. (Lyhty ry organizes apartments and housing services, daytime workshop activities that promote inclusion and events and cultural and leisure activities.)
- Joint art by Studio Aula. (In Studio Aula various works requiring creative design and dexterity are planned and implemented by people with ID.)

Contact

Scientific Management:

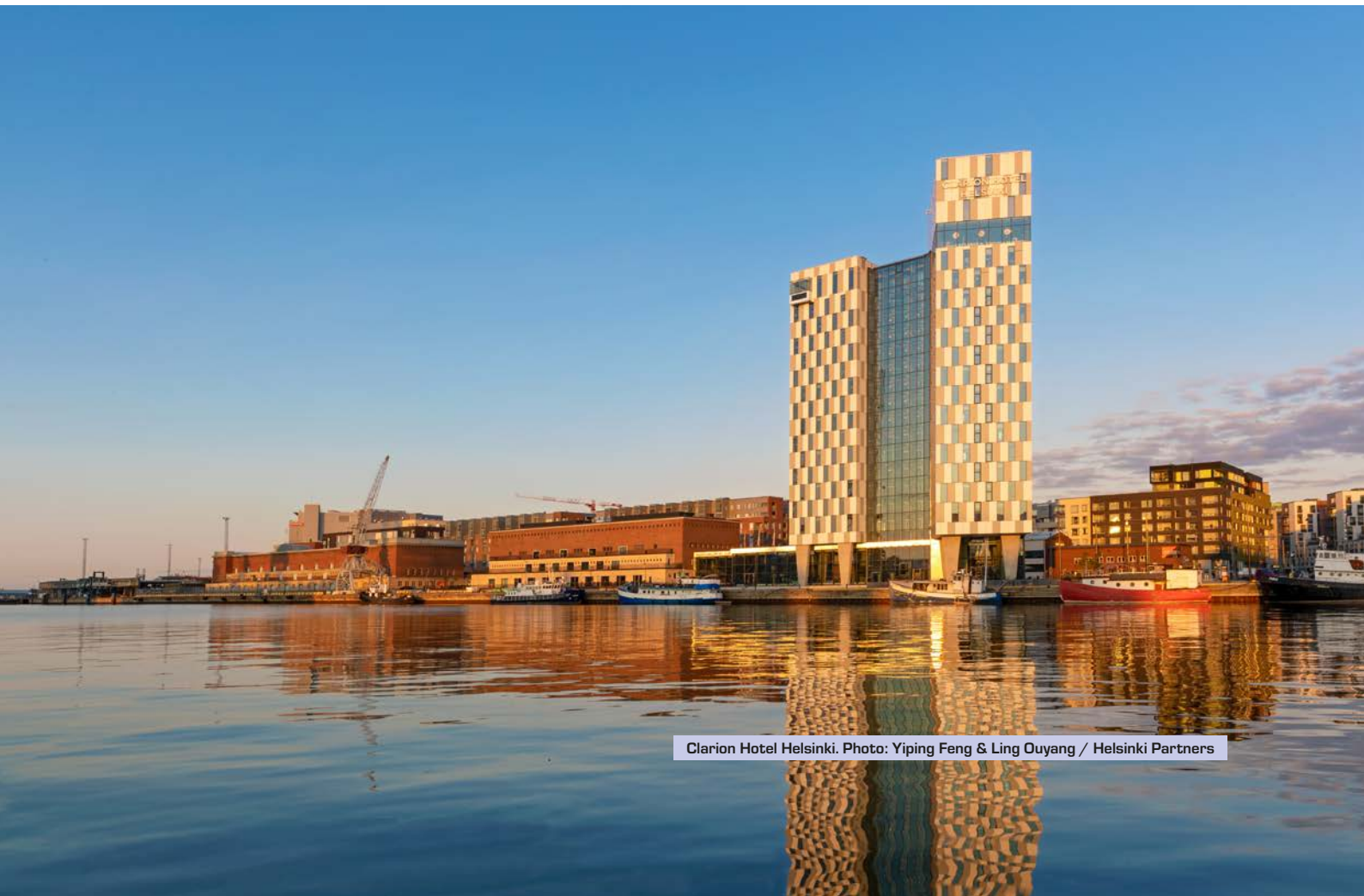
- **OILI SAUNA-AHO**, oili.sauna-aho@kto-vs.fi, tel. +358 40 172 6874

Congress Management:

- **SUSANNA HINTSALA**, susanna.hintsala@kvl.fi, tel. +358 40 741 6179
- **MIRKA OKSANEN**, mirka.oksanen@kvl.fi, tel. +358 9 3480 9265
- **NIINA SILLANPÄÄ**, niina.sillanpaa@kvl.fi, tel. +358 40 775 1411
- **TEA KAIRI**, tea.kairi@kvl.fi, tel. +358 50 537 0196

More Information:

- For more information visit us at eamhid2023.eu



Invitation

Welcome to Helsinki!

We are pleased to invite you to the 14th EAMHID Congress in Helsinki, Finland. The congress will be organized by KTO and FAIDD, both organisations working for better life for the persons with learning difficulties. Our congress' theme is "Best Practices – Better Life" and as before the congress will provide numerous possibilities both scientists, practitioners, and persons with disabilities with their families to encounter and discuss. Our purpose is to introduce new scientific findings and evidence-based methods but also best-practices in multiprofessional context to improve mental health and life of these vulnerable group.

On behalf of the EAMHID, KTO and FAIDD we warmly welcome you to the 2023 Helsinki congress!

OILI SAUNA-AHO

Congress President of the European Association for Mental Health in Intellectual Disability (EAMHID), Director of Development and Expert Services at the KTO, Support and Expert Center for Persons with Intellectual Disabilities, Paimio, Finland

Equality Needs Quality Research

The rights of persons with disabilities have advanced globally in the last two decades. The UN Convention on the Rights of Persons with Disabilities is a holistic convention, which underscores equality and the participatory rights of every person with disability in all areas of life, including persons with an intellectual disability. Mental health is a significant resource for each and everyone of us, and it is supported by experiences of participation and belonging. Equality entails that through science and research, our knowledge base in improved concerning all persons', including minorities', issues and solutions related to health and wellbeing. The EAMHID Conference forms an important continuum concerning the research on the mental health of persons with intellectual disability, and it is an honour to host this conference in Finland this year. Warmest welcome!

KRISTINA STENMAN

Non-Discrimination Ombudsman



Helsinki viewed from above. Photo: Kari Ylitalo / Helsinki Partners

Congress Outline

Thursday 21.9.2023

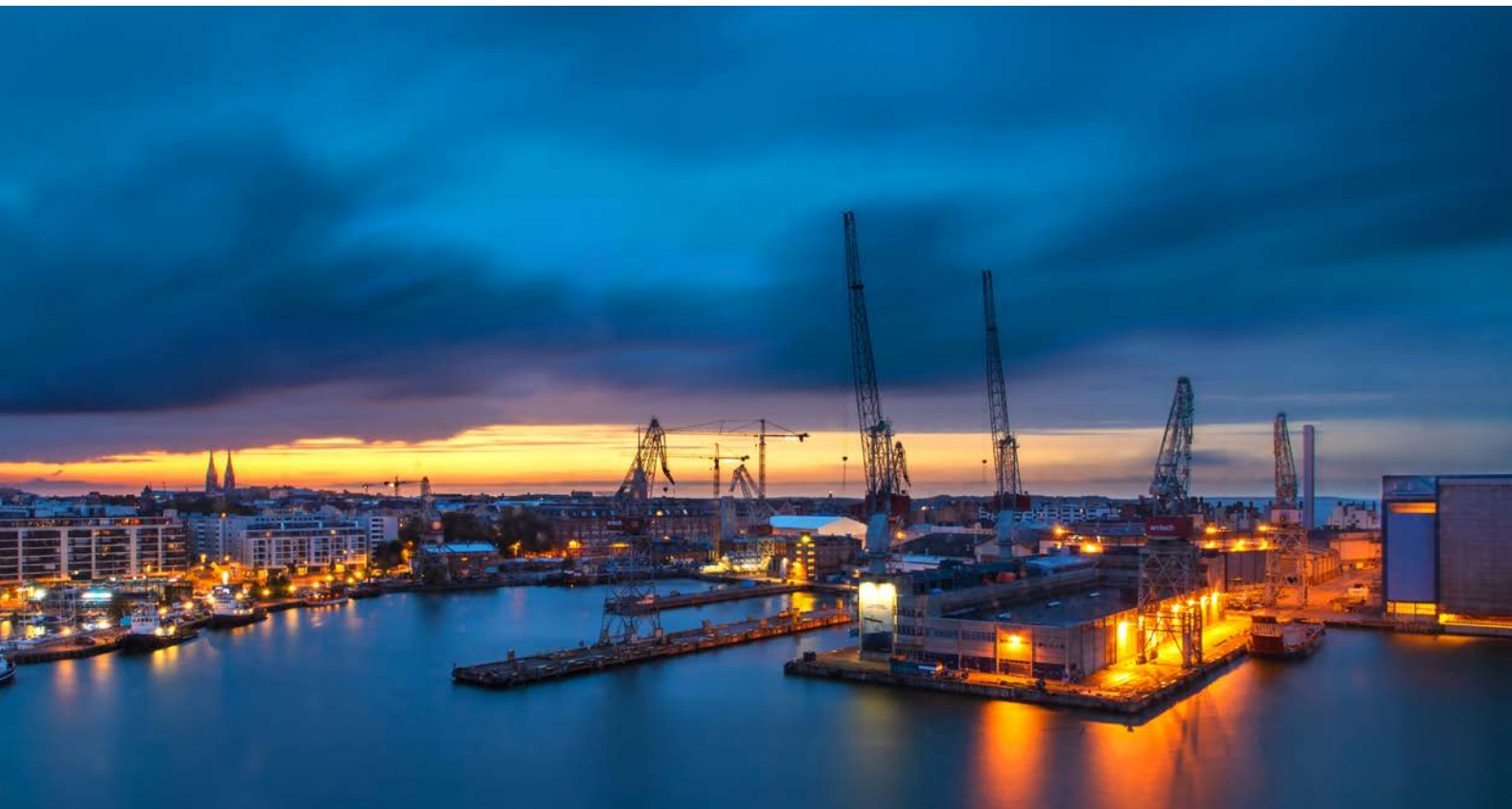
Time	Agenda
08.30-11.30	Pre-congress
12.30-13.30	Opening ceremony
13.30-17.00	Scientific program
17.30-18.30	Welcome reception
19.30	Speakers dinner (by invitation)

Friday 22.9.2023

Time	Agenda
09.00-17.30	Scientific program
19.00-22.30	Congress dinner

Saturday 23.9.2023

Time	Agenda
09.00-12.30	Scientific program
12.30	Closing ceremony



Jätkäsaari dock area. Photo: Yiping Feng & Ling Ouyang / Helsinki Partners

Programme Highlights

State of the Art Lectures

- **STEVEN DEGRIECK:** The role of our internal senses in sensing, understanding and regulating our stress
- **VANESSA OLIVIER-PIJPERS:** Layers of the organizational environment in the care for people with intellectual disabilities and challenging behaviors
- **JANNELIEN WIELAND:** Suicidal behaviour in people with intellectual disabilities
- **ILONA AUTTI-RÄMÖ:** Eyes closed, ears shut – the problem of not recognizing the magnitude of problems linked with prenatal alcohol exposure
- **ELINA KONTU:** The relation of communication as windows to autism
- **MARIA ARVIO:** X-chromosomal syndromes are the most common cause of intellectual disability among males
- **PEER VAN DER HELM:** The crocodile, the horse and the rider. About self-regulation
- **JARMO KÖRKKÖ:** Rare and common causes genetic analysis in people with ID
- **NIGEL BEAIL:** Advances in psychotherapy for mental health problems in ID
- **PETER LANGDON:** Advances in psychological Therapies (unconfirmed)

Historical Lecture

- **NICK BOURAS:** Reflections challenges and perspectives of mental health for people with intellectual disabilities

Meet the Expert

- **JYRKI PINOMAA:** A family member's view on support in service provision – importance of individually ensuring and maintaining mental well-being of a young adult with intellectual disability in housing services
- **IRENE TUFFREY-WINE:** Involving people with intellectual disabilities in end of life care planning: Why? And how?
- **KATRINA SCIOR:** Stigma, its impact on people with intellectual disabilities and best practice in reducing stigma
- **MARCO BERTELLI:** Mental Health and Intellectual Disabilities
- **PETER CRONIN:** A mental health service user and staff

Pre-Congress Workshops

- **ANNEMIEKE ENNINGA & HELEN KORVING:** Diagnosing and treating pain experienced by people with severe or profound intellectual disabilities
- **RINAT FENIGER-SCHAAL:** Using the mirror game to look at body movement, attachment, and non-verbal communication among persons with intellectual disability
- **SIEN VANDESANDE:** Caregiving for and attachment of persons with severe or profound intellectual disabilities



Steven Degriecq



Vanessa Olivier-Pijpers



Jannelien Wieland



Ilona Autti-Rämö



Elina Kontu



Maria Arvio



Nick Bouras



Jyrki Pinomaa



Irene Tuffrey-Wijne



Katrina Scior

Important Dates

- Early Bird Fee up to **14.4.2023**.
- Deadline for abstracts submission is **17.3.2023**.
Submission and detailed information: eamhid.eu/abstract-submission

Congress Fees

Participant	Early Bird before 15th April 2023	Regular from 15th April 2023
Member EAMHID	375 €	440 €
Non-members EAMHID	465 €	505 €
Next-of-kin, pensioners and students* / low-income countries**	185 €	250 €
Pre-congress including Thursday lunch	50 €	50 €

Optional Congress Dinner: 65 € (all participants).

* According to valid student ID.

** Eastern, Southeastern and Northeastern Europe: Bulgaria, Moldavia, Romania, Slovakia, Ukraine, Hungary, Poland, Czech Republic, Estonia, Latvia, Lithuania, Albania, Bosnia and Herzegovina, Kosovo, Greece, Croatia, North-Macedonia, Montenegro, Serbia, Cyprus, Africa (according to valid ID).

Become a Member

Become a member at eamhid.eu/membership.

Support the Congress

Support the congress by sponsoring different aspects around the congress such as scholarships for students, professionals from low-income countries, persons with disabilities etc.

Poster Award

We welcome early stage scientist to present their findings with experienced researchers and the community. The best three posters will be awarded with a free EAMHID membership for three years and will get the opportunity to present their findings at the conference. Judges from the Scientific Committee of the executive board will rate the presented posters for excellence in communication, research, and contribution to the goals of the Association.

Transportation in Helsinki

Useful Links

- Information on Helsinki: www.myhelsinki.fi/info/getting-to-helsinki
- The City of Helsinki website www.hel.fi/helsinki/en/administration/information/general gathers general information on Helsinki, including Helsinki facts & figures
- Visit Finland website www.visitfinland.com gathers info on Finland
- Public transportation: www.hsl.fi/en

Public Transportation

Helsinki has an excellent public transport system (HSL) comprising bus, tram, metro, commuter train and ferry services. Single tickets can be purchased using the HSL mobile app or from HSL ticket machines, R-kiosks and other HSL sales points: www.hsl.fi/en/customer-service/sales-and-service-points.

Parking

The Clarion hotel does not have its own parking garage, but if you arrive by car, the closest parking garage to the hotel is Rokkiparkki, about 400 meters from the hotel (Välimerenkatu 12).

Accommodation

We have asked several hotels for an open accommodation quota to guarantee you the best accommodation price. You can find the booking options on our website at eamhid2023.eu/accommodation.

You can book a hotel room according to availability. The hotel reserves the right to unilaterally close the quota if necessary. Every guest will make the reservation individually. Room rates includes Breakfast, wireless internet access (Wi-Fi) and VAT.

Language

The official language of the 14th EAMHID Congress is English. Simultaneous translation into Finnish will be provided during the key notes lectures. Finnish program will be arranged all day on Friday, in the pre-congress and some sessions during the congress.

Catering Facilities

The registration fee includes coffee/tea on Thursday and Saturday. Lunch is included on Friday.

Certificate of Attendance

Regularly registered participants will receive a certificate of attendance.

Wi-Fi

Free Wi-Fi internet connection is available in the Congress Centre.



View from hotel Clarion. Photo: Yiping Feng & Ling Ouyang / Helsinki Partners